


Petruz
açai

Recipes with Açai and exotic fruit pulp



Açaí bowl with mango, kiwi and chia seeds

INGREDIENTS:

- 100gr of Petruz organic açaí (pure or with guaraná);
- 1/2 of banana;
- 2cl or 3cl of apple juice (or another juice or water);
- 1 kiwi;
- 1/2 mango;
- chia seeds;
- Brazilian nuts (full or in pieces).



STEPS:

- Partially defrost Petruz organic açaí under running water for a few seconds;
- Break the pulp into small pieces to facilitate the blending process;
- Open the sachet. You can use a knife or scissors;
- Put banana, açaí and apple juice (or water) in the blender;
- Mix together until you get a smooth consistency;
- Pour the contents into a bowl;
- Garnish the açaí bowl with slices of kiwi and mango and add chia seeds and Brazilian nuts.

Taste The Amazzon



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